



RI BAR ASSOCIATION Lawyers Helping Lawyers

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www.ribar.com

*(Lawyers Helping Lawyers on
For Attorneys Page)*

Lawyers Helping Lawyers

Find Out Below How to Receive
Assistance!



Your Lawyers Assistance Program is here to help you as you navigate life's challenges. For confidential, caring, professional assistance 24/7, call

866.482.8378

CARING • SUPPORTIVE • CONFIDENTIAL

More information, including contact information for members of the Lawyers Helping Lawyers Committee, can be found at www.ribar.com and in every issue of the **Rhode Island Bar Journal**.

CONFIDENTIAL NO CHARGE ASSISTANCE



**CONFIDENTIAL,
NO CHARGE ASSISTANCE
OPTIONS FOR YOU**

CONFIDENTIAL ASSISTANCE TO MEET YOUR NEEDS

Rhode Island Bar Association members and their dependents may receive free and confidential help, information, assessment and referral for personal concerns through the Association's contract with CorpCare Employee Assistance Program (EAP), and through the members of the Rhode Island Bar Association's Lawyers Helping Lawyers Committee. To discuss your concerns or those you may have about a colleague, you may call CorpCare EAP, contact a Lawyers Helping Lawyers Committee member, or use both resources. The professionals at CorpCare EAP provide **confidential consultation** for a wide range of personal concerns **including but not limited**

to:

- balancing work and family,
- depression,
- anxiety,
- domestic violence,
- aging,
- grief,
- career satisfaction,
- alcohol and substance abuse, and
- gambling problems.

The **Lawyers Helping Lawyers Committee** members choose this volunteer assignment because they **understand the issues and want to help their peers find answers and appropriate courses of action.** Committee members listen to your concerns, share their experiences, and offer advice and support. Coastline EAP professional mental health counselors work with you to address your concerns.

CorpCare EAP is a consulting service that ensures confidentiality and protects your privacy. Everyone occasionally experiences problems. The CorpCare helpline provides counseling resources that quickly and professionally assist you in handling problems affecting your personal or work life. Why allow problems to weigh you down? Completely confidential help is just a call away. Counselors answer the phone 24/7 to provide immediate support and assistance. Simply pick up the telephone and call **866-482-8378** for confidential, round the clock support. Virtual telehealth consultations with a counselor are available upon request.

What Services Does the CorpCare Helpline Offer?

- Up to eight professional and confidential counseling sessions
- Work-life programs that include eldercare referrals, childcare referrals, and assistance with financial referrals
- 24/7/365 availability of Master's level therapists

Online resources are also available to Rhode Island Bar members. Visit corpcareeap.com, click on Client Resources, and enter the Life Advantage code: **RIBALAP**.

CorpCare has recently expanded their provider network to include the **BetterHelp** platform. RIBA members still have the option to have in-person local counseling, or telehealth counseling with a local provider through the CorpCare network, but now, you also have the option of BetterHelp if you are interested in a digital platform.

Members can access the BetterHelp platform by visiting betterhelp.com/corpcare. When you arrive at the site, enter your information and search for Rhode Island Bar Association in the "Employer Name/Access Code" field. Once the correct place is selected, follow the prompts to get started.

YOUR PRIVACY IS PROTECTED

Pursuant to Supreme Court Rule of Professional Conduct 8.3 and state and federal health care law, all communications with the Committee and Coastline EAP are strictly confidential and all records are carefully safeguarded.

LAWYER TO LAWYER SUPPORT

Before or during your contact with a CorpCare EAP consultant, you may choose to seek peer assistance from a member of the Lawyers Helping Lawyers Committee. Peer attorneys will lend an ear, share their experiences, and, if necessary, advise you on re-entering legal practice or accompany you to self-help meetings.

Committee member attorneys have chosen this volunteer assignment because each has an understanding of impairments and a desire to help.

In appropriate circumstances members of the Committee will help with an attorney's participation in a Supreme Court Disciplinary Board diversion program whereby successful completion and ongoing compliance with a prescribed treatment regimen will enable an attorney to mitigate or avoid discipline.