

General Information

The seminar is sponsored by Aon Affinity Insurance Services, Inc., administrator of the **Aon Attorneys Advantage** professional liability program, the only program endorsed by the Rhode Island Bar Association. **Aon Attorneys Advantage** is experienced in specifically addressing the insurance needs of New England attorneys. Along with broad coverage, competitive rates and outstanding local service, this seminar program is an example of one of the Risk Management Services they provide. To learn more about the **Aon Attorneys Advantage** program, or to complete and submit an application, visit them online at www.attorneys-advantage.com.

This seminar program is designed for attorneys in small-to-medium size firms, and is free for all members of the Rhode Island Bar Association. In addition, attorneys who participate in the Rhode Island Bar Association Endorsed **Aon Attorneys Advantage** program will receive a 5% continuing legal education credit* on their next insurance premium.

***Note:** Attendance at the course must be prior to the effective date of the insurance. The maximum credit is 5% in any given policy period.

The insurance company has revised its guidelines for attendance at this program. To qualify for the up to 5% discount, you must be present for the entire program.

Cancellations

If you cannot attend the session you have pre-registered for, please notify the CLE Office at least 48 hours before the session. You may transfer to a different session if space is available.

Special Accommodation

Please indicate on the registration form any special accommodation you may require, or call the CLE office at 401-421-5740.



Continuing Legal Education
41 Sharpe Drive
Cranston, RI 02920



Stress, Anxiety, and Depression in the Legal Profession



A FREE SEMINAR

Subject to Article IV, Rule 3, this course has been approved by the Mandatory Continuing Legal Education Commission for a maximum of 2.0 credits, inclusive of 2.0 legal ethics credits.

Funding for this program has been provided by Aon Affinity Insurance Services, Inc., administrator of the **Aon Attorneys Advantage** Program, the endorsed professional liability program for members of the Rhode Island Bar Association.



www.attorneys-advantage.com

SEMINAR INFORMATION

“**Stress, Anxiety and, Depression in the Legal Profession**” is a timely presentation on the topic of lawyers and mental health. A 2016 landmark study by American Bar Association’s Commission of Lawyers Assistance Program and the Hazelden Betty Ford Foundation published their findings of approximately 15,000 practicing attorneys from 19 states and across all regions of the country. It found that 28 percent, 19 percent, and 23 percent are struggling with some form of depression, anxiety, and stress, respectively. These rates are three to four times higher than the general population. It further found that between 21 and 36 percent qualify as problem drinkers. As with the mental health problems, far too many lawyers are drinking too much.

Dan Lukasik had a nearly thirty-year successful career as a litigator and managing partner of his firm before becoming the Director of Workplace Well-Being for the Mental Health Association in Buffalo, New York. His presentation will not only educate fellow lawyers to recognize stress, anxiety, and depression in their own and colleagues’ lives but will also address some of the causes to the legal profession that helps explain why these problems have reached such epidemic proportions. Dan will also tell his own inspiring story of his depression, recovery, and how all those who struggle with these conditions can recover and be well.

After attending this seminar, you will not only receive two free ethics credits, network with colleagues, and receive up to a 5% discount on your malpractice insurance, but you will also learn to focus on the concept that you must value and spend the time to take care of your mental health and by doing so, lead a well-balanced work and personal life.

You will learn ways to:

- Recognize stress, anxiety and depression and how it affects your law practice and personal life
- Understand the risk factors for these conditions amongst lawyers
- Learn about stigma and why lawyers often do not get appropriate help
- Effectively address these conditions with practical tips and strategies
- And much more...

This program is sponsored by Aon Affinity Insurance Services, Inc., administrators of the Aon Attorneys Advantage Program, and the Rhode Island Bar Association. It is free and will be repeated five times. It is open to all members of the Rhode Island Bar Association. Each attendee will receive two ethics credits by participating in the entire seminar. Register early to guarantee your seat.

ABOUT THE SPEAKER



Dan Lukasik is a graduate of the University of Buffalo School of Law and had been a litigator for almost thirty years before becoming the Director of the Workplace Well-Being Program for the Mental Health Association in Buffalo, New York last year.

Over ten years ago after being diagnosed with depression, Dan created the nationally award-winning website, Lawyerswithdepression.com, the first site of its kind in the United States. Dan’s work on this issue

has been featured in The New York Times, The Wall Street Journal, The Washington Post, The National Law Journal, the ABA Law Journal, on CNN,

and many other national and international media outlets. A national expert and speaker on mental health in the legal profession, Dan has spoken around the country at bar associations, CLE events, judicial groups, law firms, and law schools, including Harvard and Yale. He is the Executive Producer of the original documentary, “A Terrible Melancholy: Depression in the Legal Profession.”

Dan is a recipient of the “Distinguished Alumni Award for Public Service” from his law school alma mater and the “Award of Merit” from the New York State Bar Association for his work in helping law students, lawyers and judges cope with and recover from depression.

He is listed in the publication, “The Best Lawyers in America” and was named to the “Elite Top 10: The Best of the Best” by the 3000 lawyers in his local bar association.

DATES & LOCATIONS

All seminar sessions and written materials are free for Rhode Island attorneys. Choose one session from among the five dates listed below. Register early to reserve your seat. Please note this program has been accredited for 2.0 ethics credits.

Light refreshments will be served at each session.

August 2	Thursday 9:00 a.m. – 11:00 a.m. Roger Williams University School of Law Bristol
August 3	Friday 9:00 a.m. – 11:00 a.m. Corless Auditorium URI Narragansett Bay Campus
September 25	Tuesday 5:30 p.m. – 7:30 p.m. Rhodes-on-the-Pawtuxet Cranston
September 26	Wednesday 2:00 p.m. – 4:00 p.m. Rhodes-on-the-Pawtuxet Cranston
September 27	Thursday 9:00 a.m. – 11:00 a.m. Rhodes-on-the-Pawtuxet Cranston

To register for one of the seminar sessions, complete the registration form and either mail or fax the form to the CLE office or you may register on line at www.ribar.com. Do not do both. Register early to guarantee a seat. You will receive an email confirmation of your registration.

REGISTRATION FORM

2018 – Ethics

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

TELEPHONE _____

BAR ID# _____

EMAIL _____

(You will receive an email confirmation of your registration.)

Please register me for the following free session:

- August 2 9:00 a.m. – 11:00 a.m.
Roger Williams University
School of Law, Bristol
- August 3 9:00 a.m. – 11:00 a.m.
URI Narragansett Bay Campus
- September 25 5:30 p.m. – 7:30 p.m.
Rhodes-on-the-Pawtuxet, Cranston
- September 26 2:00 p.m. – 4:00 p.m.
Rhodes-on-the-Pawtuxet, Cranston
- September 27 9:00 a.m. – 11:00 a.m.
Rhodes-on-the-Pawtuxet, Cranston

If the session I have chosen is sold out, please register me for _____

EITHER mail this form to:

CLE Seminar
Rhode Island Bar Association
41 Sharpe Drive
Cranston, RI 02920

OR Fax this form to:
401-421-2703

Please do not mail AND fax

OR register on-line at www.ribar.com

LPL Insurance Provider _____

Policy Anniversary _____